



**SHARI LANDAU  
JONATHAN COHEN**  
[OurSacredJourneys.com](http://OurSacredJourneys.com)  
[ShariLandau.com](http://ShariLandau.com)  
[SacredJourneys  
Counseling.com](http://SacredJourneysCounseling.com)  
[610-585-3937](tel:610-585-3937)

**Sacred Journeys Newsletter**

**JUNE 2021!**

*Our intention is to share with you each month upcoming community events, resources and inspirations, to lift your Spirit and feed your Soul! We believe that Love is the fabric of reality.*

*We share this to awaken, expand, and strengthen this Divine Consciousness in you, in all of humanity, and our planet.*

*Love- Jonathan & Shari*

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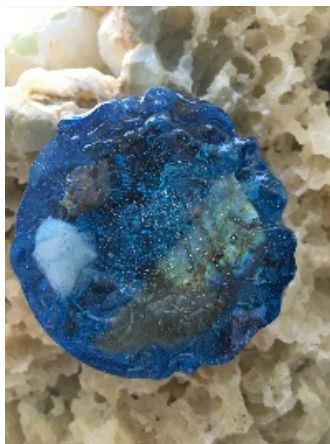
***Greetings from Shari***

My sharing this month is offered in the inspirations and resources section, a reflection of where my mind body and soul have been over the last month.

This month I wish to honor all those who Father, as well as the Sacred Masculine which lives in all of us, and the Divine Father.

I also invite you to join me in celebrating Pride month this June. Together let us rejoice in individual expression, and support the FREEDOM to BE authentically who we are.

I also encourage you to tune in and be in ceremony on the powerful Summer Solstice which looks to offer us spectacular energetic downloads! The summer solstice symbolizes the return/ascension to the Great Father Spirit. Here is some info to whet your appetite and encourage you



**SPECIAL EVENTS**

- 6/21: Happy LBGQTQ+ Pride Month!
- 6/6/21: Portal Day
- 6/10/21: New Moon
- 6/20/21: Happy Father's Day!
- 6/20/21: Happy Summer Solstice!
- 6/24/21: Full Moon

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**PRAYER NETWORK**

You are able to submit prayers to our prayer circle of 100+ people, as well as have the opportunity to pray for others. To join, simply email:  
drjonathancohen@gmail.com.

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**INSPIRATIONS**  
**KEEPING WATCH**  
**by Hafiz**

In the morning,  
When I began to wake,  
It happened again-  
That feeling  
That You, Beloved,  
Had stood over me all night  
Keeping watch,  
That feeling  
That as soon as I  
began to stir  
You put Your lips on  
my forehead  
And lit a Holy lamp  
Inside my heart.

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**RESOURCES**

- 1. Full Moon Flirtations with Sadhguru:**  
<https://isha.sadhguru.org/us/en/events/monthly/sadhguru-satsang>
- 2. Powerful Short video (on privilege):**  
<https://youtu.be/4K5fbQ1-zps>
- 3. Zach Bush (on Immunity):**  
[https://zachbushmd.com/repay-innate-immune-system/?utm\\_source=Engaged%2](https://zachbushmd.com/repay-innate-immune-system/?utm_source=Engaged%2)

to participate in this powerful day in whatever way resonates for you:

<https://www.mysticmamma.com/summer-solstice-meaning-and-spiritual-significance-june-20th-2012/>

Love & Blessings-  
Shari

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**FATHER'S DAY SALE 20% OFF!!!**

**For practical powerful energetic tools to assist you in these Re-Evolutionary times**

**Go to my Etsy store:**

[https://www.etsy.com/shop/SacredArtbyShari?ref=hdr\\_shop\\_menu](https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu)

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**Reflections from Jonathan-**

*One of our community members, Kimberly Ann DeAngelo, who is a spiritual guide and writer shared with me the following:*

*"Stay in the precious, not in the moment, for moments do not really exist for they never really begin or end. Only framing them into reason or circumference turns them into something that starts and stops. To stay in the precious, opens awareness to seek the precious....the eye of awe.*

*Reason is perplexed when God extends the kiss from and beyond and within the lips of creation; when time unveils the past, present and future in one grain of sand."*

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*May we all stay in the precious.  
Blessings and love to you all,  
Jonathan*

**4. Trauma Informed  
Leadership**

**(summer course with  
Thomas Hubl):**

<https://pocketproject.org/trauma-informed-leadership-in-times-of-crisis/>

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**5. Earthkeeper Poem  
Be Earth Now:**

<https://emergencemagazine.org/poem/be-earth-now/>

**6. In Our Mothers'  
Gardens'**

**(beautiful powerful film  
celebrating black  
mothers and  
daughters):**

<https://www.hollywoodreporter.com/movies/movie-reviews/in-our-mothers-garden-1234949433/>

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