



**SHARI LANDAU
JONATHAN COHEN**
OurSacredJourneys.com
ShariLandau.com
[SacredJourneys
Counseling.com](http://SacredJourneysCounseling.com)
[610-585-3937](tel:610-585-3937)

Sacred Journeys Newsletter

JUNE 2021!

Our intention is to share with you each month upcoming community events, resources and inspirations, to lift your Spirit and feed your Soul! We believe that Love is the fabric of reality.

We share this to awaken, expand, and strengthen this Divine Consciousness in you, in all of humanity, and our planet.

Love- Jonathan & Shari

Greetings from Shari

My sharing this month is offered in the inspirations and resources section, a reflection of where my mind body and soul have been over the last month.

This month I wish to honor all those who Father, as well as the Sacred Masculine which lives in all of us, and the Divine Father.

I also invite you to join me in celebrating Pride month this June. Together let us rejoice in individual expression, and support the FREEDOM to BE authentically who we are.

I also encourage you to tune in and be in ceremony on the powerful Summer Solstice which looks to offer us spectacular energetic downloads! The summer solstice symbolizes the return/ascension to the Great Father Spirit. Here is some info to whet your appetite and encourage you



SPECIAL EVENTS

- 6/21: Happy LGBTQ+ Pride Month!
- 6/6/21: Portal Day
- 6/10/21: New Moon
- 6/20/21: Happy Father's Day!
- 6/20/21: Happy Summer Solstice!
- 6/24/21: Full Moon

PRAYER NETWORK

You are able to submit prayers to our prayer circle of 100+ people, as well as have the opportunity to pray for others. To join, simply email:
drjonathancohen@gmail.com.

INSPIRATIONS
KEEPING WATCH
by Hafiz

In the morning,
When I began to wake,
It happened again-
That feeling
That You, Beloved,
Had stood over me all night
Keeping watch,
That feeling
That as soon as I
began to stir
You put Your lips on
my forehead
And lit a Holy lamp
Inside my heart.

RESOURCES

1. Full Moon Flirtations with Sadhguru:

<https://isha.sadhguru.org/us/en/events/monthly/sadhguru-satsang>

2. Powerful Short video (on privilege):

<https://youtu.be/4K5fbQ1-zps>

3. Zach Bush (on Immunity):

https://zachbushmd.com/repay-innate-immune-system/?utm_source=Engaged%2

to participate in this powerful day in whatever way resonates for you:

<https://www.mysticmamma.com/summer-solstice-meaning-and-spiritual-significance-june-20th-2012/>

Love & Blessings-
Shari

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FATHER'S DAY SALE 20% OFF!!!

For practical powerful energetic tools to assist you in these Re-Evolutionary times

Go to my Etsy store:

https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu

Reflections from Jonathan-

One of our community members, Kimberly Ann DeAngelo, who is a spiritual guide and writer shared with me the following:

"Stay in the precious, not in the moment, for moments do not really exist for they never really begin or end. Only framing them into reason or circumference turns them into something that starts and stops. To stay in the precious, opens awareness to seek the precious....the eye of awe.

Reason is perplexed when God extends the kiss from and beyond and within the lips of creation; when time unveils the past, present and future in one grain of sand."

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*May we all stay in the precious.
Blessings and love to you all,
Jonathan*

**4. Trauma Informed
Leadership**

**(summer course with
Thomas Hubl):**

[https://pocketproject.org/trauma-informed-leadership-in-times-of-crisis/?](https://pocketproject.org/trauma-informed-leadership-in-times-of-crisis/)

[inf_contact_key=b197b98aa6b379dcd11181cfc748172ccc0558ed5d4c28cbfab114022b1ec50d](https://pocketproject.org/trauma-informed-leadership-in-times-of-crisis/?inf_contact_key=b197b98aa6b379dcd11181cfc748172ccc0558ed5d4c28cbfab114022b1ec50d)

**5. Earthkeeper Poem
Be Earth Now:**

<https://emergencemagazine.org/poem/be-earth-now/>

**6. In Our Mothers'
Gardens'
(beautiful powerful film
celebrating black
mothers and
daughters):**

<https://www.hollywoodreporter.com/movies/movie-reviews/in-our-mothers-garden-1234949433/>

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