



SHARI LANDAU
JONATHAN COHEN
 OurSacredJourneys.com
 ShariLandau.com
 SacredJourneys
 Counseling.com
[610-585-3937](tel:610-585-3937)



SPECIAL EVENTS
 5/1/21: St. Germaine's
 Ascension Day
 5/5/21: Portal Day
 5/9/21: Happy
 Mother's Day!
 5/11/21: New Moon
 5/26/21: Full Moon

Sacred Journeys Newsletter
MAY 2021!

Our intention is to share with you each month upcoming community events, resources and inspirations, to lift your Spirit and feed your Soul! We believe that Love is the fabric of reality.

We share this to awaken, expand, and strengthen this Divine Consciousness in you, in all of humanity, and our planet.

Love- Jonathan & Shari

Greetings from Shari

There is a great deal to celebrate and BE Grateful for this May including a NEW STARGATE opening on 5-5-21!!! To read about the immense goings on this month check out Patricia Robles link in our resource section.

This month join me in honoring and Re-Membering All Mothers and the Sacred Mothering principle in us all.

Love is What We Are

***May each of us become a Mother to the World
 May we embody the Mother Principle
 offering Radiant Outpourings of Love
 Compassion and Inclusivity to All Life***

PRAYER NETWORK

You are able to submit prayers to our prayer circle of 100+ people, as well as have the opportunity to pray for others. To join, simply email:

drjonathancohen@gmail.com.

INSPIRATIONS

Black Madonna

by Petal

*She wanders in stillness,
Dark*

*Stricken from the lips of
men*

*The ancient mother
And how I love her*

The secret bride

Black madonna

Goddess

She is erased

And stars

are the dust upon her feet

The ultimate outcast

Voice of Lillith

Silent as dew drops

kissing roses in spring.

RESOURCES

Antiracist Work

1. We Do This Till We Free Us

(book by Miriam Kaba)

If you want to deepen your connection to the Divine Mother I suggest you connect with Linga Bhairavi Devi, a Goddess and consecrated form of the Divine Mother created by Sadhguru.

<https://lingabhairavi.org>



Here is an excerpt from Sadhguru about Devi:

"So, just go sit there, let her destroy you. That is the way. That is not a place to go and save yourself. Everything that you are should be destroyed and you must carry a divine force within you and go out; not for any particular purpose. That is the way to be. If you ask me, that is the only way to be. Otherwise, you will exist here as a puny little creature. In this universe, we are just puny little creatures if we live here as physical beings. Only if we are overwhelmed by something much larger than ourselves, overwhelmed by a force which is limitless in its nature, only then, every breath, every step is worthwhile."

about defunding the police)

2. Bit.ly/SURJResources

3. *Until We Reckon*
(book by Danielle Sered)

4. MillionExperiments.com

(positive powerful alternatives to policing to create safety in our communities)

5. White Supremacy Characteristics
(May 13th Webinar)
bit.ly/WSCultureWebinar

Mystical Month of May

1. <https://mailchi.mp/eraofpeace/powerful-opportunities-for-may-2021?e=ff2003a587>

Personal Growth

1. *Karma*
(book by Sadhguru)

*

***For practical powerful energetic tools to assist you in these Re-Evolutionary times
Go to my Etsy store:***

https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu

Reflections from Jonathan-

Yesterday I visited my soon to be 92 year old mother. It was the first time due to COVID that I have seen her in 15 months. She now needs a wheelchair as walking anything but a short distance is difficult. I was struck by her frailty and simultaneously her strength.

Despite not seeing her physically for over a year, we speak pretty much on an everyday basis. Her stay at the Veterans Home has begun and continues to be one of Service. She leads a bible study on a weekly basis with a wonderful pastor there. She continues to stay current in her reading and when I share my excitement about my work with right use of privilege, she often orders and reads the books I recommend. She wants to be more conscious of racism in the racially diverse environment where she resides. My mother is an inspiration

to many there.

Today is my 70th birthday and each decade since reaching 50 has been my best. In the last three years I have become a devotee to my spiritual teacher Sadhguru. His teachings have contributed to a deeper joy and fulfillment I have felt recently.

In his recently published book entitled KARMA which I strongly suggest you procure he says:

"My (your) ability to respond is boundless. If you are aware of this truth, you will see that so much that seems to be restricting you right now will vanish in just 24 hours! Being in awareness for just three minutes will enable you to see an immediate difference. Once you are able to steadily maintain this awareness, you will find a time comes when there is no difference between you and the Buddha."

"As your acceptance deepens, you also move into higher and higher levels of freedom. Acceptance is freedom from the blame game, freedom from the drama of "othering", freedom from the dance of duality. There is only you in this

*moment and no one else. Who then can
you possibly blame?"*

*My birthday wish for you, myself, and for
all humanity is the freedom to respond to
life with joy and abandon. It is more of a
choice that we think it is.*

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

SACRED JOURNEYS · 41 ST. ANDREWS LANE · GLENMOORE, PA 19343 · USA



