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Sacred Journeys Newsletter
APRIL 2021!

Our intention is to share with you each month upcoming community events, resources and inspirations, to lift your Spirit and feed your Soul! We believe that Love is the fabric of reality.

We share this to awaken, expand, and strengthen this Divine Consciousness in you, in all of humanity, and our planet.

Love- Jonathan & Shari

Greetings from Shari

Here are some **Spring Inspirations** in the form of short videos, music and prayer, to energize and stimulate **New Growth** in your system!

May the Frequencies of **Resurrection** and **Renewal**

blossom Gracefully and Abundantly in you!

Love-

Shari



SPECIAL EVENTS

4/4/21: Portal Day

1. *We Have the Power (Ending World Hunger)*
<https://uplift.tv/2018/watch-we-have-the-power/>

2. *Morphic Resonance*

4/12/21: New Moon
4/22/21: Happy Earth
Day!

4/26/21: Full Moon

PRAYER NETWORK

You are able to submit prayers to our prayer circle of 100+ people, as well as have the opportunity to pray for others. To join, simply email:
drjonathancohen@gmail.com.

INSPIRATIONS

Spring Flowers
by Hafiz

Spring and All Its Flowers
Now Joyously
Break Their Vow
of Silence.
It is Time For
Celebration,
Not For Lying Low;
You Too-
Weed Out Those Roots
Of Sadness
From Your Heart.

RESOURCES:

1. Chasing The Sublime

(great short video about Sisterhood and diving deep)

<https://uplift.tv/2021/morphic-resonance/>

3. A Prayer For the Sacred World

<https://uplift.tv/2020/a-prayer-for-the-sacred-world/>

4. The Valley of Light

<https://uplift.tv/2018/the-valley-of-light/>

5. Banking on Change

<https://uplift.tv/2019/banking-on-change/>

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NEW SACRED ART !!!

& 50% Off Older Inventory Sale!

For practical energetic tools in this time of Re-Evolution go to my Etsy store:

**[https://www.etsy.com/shop/SacredArtbyShari?](https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu)
[ref=hdr_shop_menu](https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu)**

Reflections from Jonathan-

Our teacher Sadhguru is an ascended master who has chosen to stay on the planet right now. I am deeply grateful that he has and to receive his wisdom. I wish to send out 4 quotes to our beloved community as we Spring into Spring. May you all be blessed

<https://uplift.tv/2021/chasing-the-sublime/>

2. "Full Moon Flirtations" with Sadhguru:

<https://isha.sadhguru.org/us/en/events/monthly/sadhguru-satsang>

Death is never dangerous. Once death happens, all danger ceases.

Do not worry about your future. Do your present well, and the future will blossom.

If you spend time in the forest, you will realize that you are just one more life. It is a huge spiritual step to feel for life around you the way you feel about yourself.

Whether God or somebody else loves you does not make a difference for you. If you are loving, it makes your life very, very sweet.

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