



SHARI LANDAU
JONATHAN COHEN
OurSacredJourneys.com
ShariLandau.com
SacredJourneys
Counseling.com
[610-585-3937](tel:610-585-3937)

Sacred Journeys Newsletter
APRIL 2021!

Our intention is to share with you each month upcoming community events, resources and inspirations, to lift your Spirit and feed your Soul! We believe that Love is the fabric of reality.

We share this to awaken, expand, and strengthen this Divine Consciousness in you, in all of humanity, and our planet.

Love- Jonathan & Shari

Greetings from Shari

Here are some **Spring Inspirations** in the form of short videos, music and prayer, to energize and stimulate **New Growth** in your system!

May the Frequencies of **Resurrection** and **Renewal**

blossom Gracefully and Abundantly in you!

Love-

Shari



SPECIAL EVENTS

4/4/21: Portal Day

2. *Morphic Resonance*

1. *We Have the Power (Ending World Hunger)*
<https://uplift.tv/2018/watch-we-have-the-power/>

4/12/21: New Moon
4/22/21: Happy Earth
Day!

4/26/21: Full Moon

PRAYER NETWORK

You are able to submit prayers to our prayer circle of 100+ people, as well as have the opportunity to pray for others. To join, simply email:
drjonathancohen@gmail.com.

INSPIRATIONS

Spring Flowers
by Hafiz

Spring and All Its Flowers
Now Joyously
Break Their Vow
of Silence.
It is Time For
Celebration,
Not For Lying Low;
You Too-
Weed Out Those Roots
Of Sadness
From Your Heart.

RESOURCES:

**1. Chasing The
Sublime**

(great short video about
Sisterhood and diving
deep)

<https://uplift.tv/2021/morphic-resonance/>

3. *A Prayer For the Sacred World*

<https://uplift.tv/2020/a-prayer-for-the-sacred-world/>

4. *The Valley of Light*

<https://uplift.tv/2018/the-valley-of-light/>

5. *Banking on Change*

<https://uplift.tv/2019/banking-on-change/>

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NEW SACRED ART !!!

& 50% Off Older Inventory Sale!

**For practical energetic tools in this time of
Re-Evolution go to my Etsy store:**

**[https://www.etsy.com/shop/SacredArtbyShari?](https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu)
[ref=hdr_shop_menu](https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu)**

Reflections from Jonathan-

***Our teacher Sadhguru is an ascended
master who has chosen to stay on the
planet right now. I am deeply grateful
that he has and to receive his
wisdom. I wish to send out 4 quotes
to our beloved community as we
Spring into Spring. May you all be
blessed***

<https://uplift.tv/2021/chasing-the-sublime/>

2. "Full Moon Flirtations" with Sadhguru:

<https://isha.sadhguru.org/us/en/events/monthly/sadhguru-satsang>

Death is never dangerous. Once death happens, all danger ceases.

Do not worry about your future. Do your present well, and the future will blossom.

If you spend time in the forest, you will realize that you are just one more life. It is a huge spiritual step to feel for life around you the way you feel about yourself.

Whether God or somebody else loves you does not make a difference for you. If you are loving, it makes your life very, very sweet.

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