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**SPECIAL EVENTS**

- 5-1-20: Happy Beltane! (celebration of the Divine Feminine!)
- 5-1-20: St. Germain's Ascension Day
- 5-1-20: Happy Global Love Day!
- 5-5-20: Portal Day
- 5-7-20: Full Moon
- 5-10-20: Happy Mothers Day!

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**PRAYER NETWORK**

**Sacred Journeys Newsletter**

**MAY 2020!**

*Our intention is to share with you each month upcoming community events, resources and inspirations, to lift your Spirit and feed your Soul! We believe that Love is the fabric of reality.*

*We share this to awaken, expand, and strengthen this Divine Consciousness in you, in all of humanity, and our planet.*

*Love- Jonathan & Shari*

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***Greetings from Shari-***

**Happy Global Love Day!!!**

My hope is all of you are taking very good care of yourselves, and that your Mind-Body-Spirit is being nurtured and restored. As Spring blooms into its glorious fragrant shimmering Radiance, so too can we blossom during this extraordinary time.

I want to remind you of a few key dates and energy downloads that are available to us this month (see the link in Resource section for more detailed info at Eraofpeace.Org):

May 1<sup>st</sup> is **Ascended Master St.Germain's Ascension Day**. During this time Saint Germain directs his Legions of 5<sup>th</sup>-Dimensional Violet Flame Archangels to flood the Earth with the most powerful frequencies of the Violet Flame of Source's Infinite Perfection that Cosmic Law will allow.

You are able to submit prayers to our prayer circle of 100+ people, as well as have the opportunity to pray for others. To join, simply email: drjonathancohen@gmail.com.

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## **INSPIRATIONS**

### **Unbreakable**

*by Mirabai*

Unbreakable, O Lord,  
Is the love  
That binds me to  
You:  
Like a diamond,  
It breaks the hammer  
that strikes it.

My heart goes into  
You  
As the polish goes  
into the gold.  
As the lotus lives in  
its water,  
I live in You.

Like the bird  
That gazes all night  
At the passing moon,  
I have lost myself  
dwelling in You.

O my Beloved  
Return.

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## **RESOURCES:**

1. *Bruce Lipton*  
<https://www.youtube.com/watch?v=giFozB8uRrl>

The entire month of May ***Mother Mary's Temple of the Immaculate Heart is Open*** in the Heavenly Realms to all of Humanity. Our I AM Presence will happily take us there in our finer body as we sleep at night. All we have to do is ask!

In May we also experience the Taurus Full Moon which is celebrated as both ***Buddha's Birthday*** and the ***Day of Buddha's Enlightenment***. This celebration is known throughout the World as the Wesak Festival. The Full Moon and the Wesak Festival will occur on May 7, when Buddha will bless Humanity with unprecedented frequencies of Enlightenment and Divine Wisdom.

I continue to support humanity with the creation of the Orgone EMF Energy Balancers. All month I have been in my art studio bathed in Glorious Joyful Powerful energy! I wake up excited to co-create with Spirit and leave the art room giddy and drenched in Beauty. I Am SO grateful for this experience and invite you to connect to this energy through the Sacred Tools. More and more people are giving me feedback, saying that with the Balancers they feel "**Graced and wrapped up in Love**". They share that their "**bodies and spaces feel way more protected, purified and powerful**" as a result of the Balancers. They have also shared that they the Beauty and Joy in them is uplifting!

Please visit my Etsy store to see/feel the Energy Balancers (the basic ones are \$34.) and decide for yourself if they may serve you. Jonathan and I are very healthy and have been observing the quarantine, so I can safely ship the Balancers to you right away.

Here is the link:

<https://www.etsy.com/shop/SacredArtbyShari>

***Sending Each Of You***

2. *Mystical Month of  
May! Patricia Robles  
EraofPeace.Org*  
<https://mailchi.mp/eraofpeace/important-opportunities-for-may-2020?e=ff2003a587>

*Love, Joy, Peace, Harmony-  
Shari*

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**PURCHASE SHARI'S SACRED ART:**

[https://www.etsy.com/shop/SacredArtbyShari?  
ref=hdr\\_shop\\_menu](https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu)

**TO LIKE SHARI'S SACRED ART ON FB:**

<https://www.facebook.com/SacredArtbyShari/>

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## **Reflections from Jonathan-**

**Today is my birthday. One of the largest gifts I have received over the past year is more stillness. It has been a wonderful gift, and it has been central during our current changing times.**

**Many years ago as I was moving into leadership in a wonderful mens' program (MKP) my mentor Ed Fell suggested that I needed to settle more into a non-anxious presence. 20 years later I have found more of that gift.**

**During this time of "sheltering at home" I have been called to hold space for Zoom calls for groups to safely talk about and explore their challenges, feelings and personal "edges" for this time. I am deeply grateful for the work that I have done because it directly assists me in holding this loving space for others.**

**I offer two important videos that may**

**serve you if you wish to find more stillness during this time. The links are below:**

<https://mail.google.com/mail/u/0/#search/singer/QgrcJHsHkwwHNQJPPztKhIRBfhwZhDrtcfB?projector=1>

<https://www.facebook.com/sadhguru/videos/1049172618796064/?v=1049172618796064>

**My hopes for you as I write today is that your inner Peace deepens, so you may love more fully and receive love more fully.**

**Love-  
Jonathan**

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