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SPECIAL EVENTS

4-4-19: Portal Day
 4-20-19: Full Moon
 4-21-19: Happy
 Easter!
 4-22-19: Happy Earth
 Day!

Sacred Journeys Newsletter - APRIL 2019!

Our intention is to share with you each month upcoming community events, resources and inspirations, to lift your Spirit and feed your Soul! We believe that Love is the fabric of reality. We share this to awaken, expand, and strengthen this Divine Consciousness in you, in all of humanity, and our planet.

Love- Jonathan & Shari

Greetings from Shari-

During this month Source's Divine Flame of Resurrection is the strongest. It is a powerful time to release outdated energy and old programs, and to resurrect your Divine Essence.

Like this gorgeous magical crocus that reemerged on our land this week, you too can resurrect the seeds of your Original Divine Blueprint!



Below is an invocation from Patricia Robles (2017) use it as often as you feel called to participate in the resurrection process consciously.

Love- Shari

PRAYER NETWORK

You are able to submit prayers to our prayer circle of 100+ people, as well as have the opportunity to pray for others. To join, simply email:
drjonathancohen@gmail.com.

INSPIRATIONS

And When You Walk
by Steve Page

When you walk
Walk through the green
On deep paths
Walk purposefully
In the footsteps
Of pilgrims past

When you walk
Walk each new step
Thoughtfully
Placing your
footsteps
Joyfully
With eyes on the holy

And there you'll find
Not just the pleasure
Not just the delight
Not just the feast
But you will find
yourself
Released
Your soul
Your spirit
Sustained
Strengthened
Singing
There you'll discover

**INVOKING THE RESURRECTION FLAME AND
THE FLAME OF
TRANSFIGURING DIVINE LOVE**

I AM my I AM Presence and I AM One with the I AM Presence of ALL Humanity. The center of my Universe is the Threefold Flame in my Heart. My Universe consists of every person, place, condition and thing in my life, conscious or unconscious, past or present, through obvious choice or through karmic liability. Within my Heart Flame I have the ability to Love my Universe FREE of all lower energies and thus I set myself FREE.

Simultaneously, I assist every other point in my Universe to move forward in the Light.

With this affirmation the Cosmic Force of the Mother-of-Pearl Resurrection Flame and the Flame of Transfiguring Divine Love pour through the Threefold Flame in my Heart. Now, instead of being a victim to the circumstances in my world, I KNOW I AM the Master of my life.

I now visualize myself in the center of my Universe with every person, place, condition or thing in orbit around my Heart Flame, some close, some at a great distance. I visualize each one receiving the uplifting frequencies of God's Resurrection Flame and the Flame of Transfiguring Divine Love as it flows through my Heart Flame. In every case, this Sacred Fire is a greater force than any negative energy associated with that person, place, condition or thing. I AM now Loving FREE every point in my Universe, from its center, which is my Heart Flame. I remain in this elevated state of consciousness, and I affirm with deep feeling:

I AM the center of my Universe.

I AM a force of God's Resurrection Flame and the Flame of Transfiguring Divine Love to all points in my Universe.

Your true guide for
your path
Your great high
priest.

RECOMMENDATIONS

1. BOOK:

The Wolf In the
Whale
by Jordanna Max
Brodsky
(deep shamanic
storytelling about
the interweaving of
indigenous
Canadian people
and Celtic people)

2. MOVIE:

Tinker
(a very moving film
portraying the New
Children, Harmony
and Heart)

I AM a Master over every vibration less than Divine
Love.

I AM Free. . . I AM Free. . . I AM Eternally Free.

Now I AM aware of my physical presence on Earth,
and I know I AM One with all Life. I gently remove
my attention from the outer world, and I reverently
enter the Divinity of my Heart Flame. Within this
sacred space my Father-Mother God envelop me
in the most exquisite frequency of the Mother-of-
Pearl Resurrection Flame. This Sacred Fire begins
Resurrecting my physical, etheric, mental and
emotional bodies into the full embrace of my I AM
Presence.

I breathe in deeply and on the Holy Breath I realize
that I AM Ascending in consciousness into the very
Heart of my Father-Mother God. Instantly, I AM
enveloped in my God Parents' unfathomable
Transfiguring Divine Love. I hear the melodious
tones and I absorb the celestial fragrance of this
Divine Love.

I breathe in deeply again and suddenly I feel the
Resurrection Flame lifting me into higher and
higher frequencies of Divine Love, Oneness,
Reverence for Life, Eternal Peace and God's
Infinite Abundance. I pierce into the core of purity
within each and every one of these celestial
patterns and the splendor of these glorious
expressions of the New Earth permeate my Being.

I AM now experiencing an Awakening beyond
anything I have ever known. A new level of Divine
Wisdom is being Resurrected within my Heart and
Mind. In a flash of Enlightenment I know, and fully
understand, how I AM to convey Divine Love and
Reverence for ALL Life to the mass consciousness
of Humanity. This realization is encoded within my
conscious mind and will now be tangibly available
to me whenever I need to recall this sacred
knowledge in my service to Humanity and all Life.

In deep humility and gratitude, I accept the opportunities that my Father-Mother God are now presenting to me. Through my I AM Presence, I consecrate my life to be an Open Door through which the full spectrum of the Resurrection Flame and the Flame of Transfiguring Divine Love will now flow to bless all life on Earth.

For a sublime moment, I assimilate this experience as I breathe in and breathe out, slowly and rhythmically. (pause)

With each inbreath I Ascend higher and higher into the multifaceted, celestial frequencies of the Resurrection Flame and the Flame of God's Transfiguring Divine Love. And, with every outbreath I breathe this Sacred Fire forth to consecrate all life evolving on Earth.

As each Human Being evolving on Earth is consecrated with the full potential of these two Sacred Flames, their I AM Presence activates specific genetic codings within their RNA and DNA structures. These codes contain the Immaculate Concept of each person's Divine Plan. This Activity of Light empowers every Beloved Son and Daughter of God to fulfill his or her Divine Purpose and reason for being. Through this activation, the mind and emotions of every person are being purified and realigned with their highest Divine Potential.

This purification paves the way for the conscious mind and the super-conscious mind within each individual to merge and become One. In this state of at-one-ment, each person's I AM Presence comes to the forefront and takes dominion of their life. As this occurs, the life, body, mind and soul of each person is quickened and Resurrected into a state of Enlightenment that clears the way for the fulfillment of the Divine Plan and the manifestation of the New Earth.

I accept and know that this activity of Light has been God Victoriously accomplished this sacred and holy day and will increase in power and might daily and hourly with every breath I take.

And so it is. Beloved I AM, Beloved I AM, Beloved I AM That I AM.

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go here:

https://www.etsy.com/listing/669393797/art-print-joy-visionary-art-encaustic?ref=shop_home_active_1&frs=1_

SHARI'S SACRED ART ON FACEBOOK:

<https://www.facebook.com/SacredArtbyShari/>

PURCHASE SHARI'S SACRED ART:

https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu

Reflections from Jonathan-

My addition this month will be brief. All of my free administrative time will be devoted to polyvagal research and practice.

I am deeply grateful to have been returning from Psychology Networker conference in DC during which cutting edge polyvagal theory and therapeutic approaches were offered. It has informed how I can better work with client trauma as well as how to integrate the many spiritual and yogic approaches that I have found in life. I am starting to integrate it in my work with clients right now.

I am excited! Stay tuned. Deep in my soul there is a workshop and a book to be offered. As I commit to this I feel an exhilarated!

Love-
Jonathan

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