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SPECIAL EVENTS:

- 6-6-17: Portal Day
- 6-9-17: Full Moon
- 6-18-17: **Happy Father's Day!**
- 6-19-17: Juneteenth
- 6-21-17: Summer Solstice
- 6-24-17: New Moon

PRAYER NETWORK

You are able to submit prayers to our prayer circle of 100+ people, as well as have the opportunity to pray for others. To join, simply email: drjonathancohen@gmail.com.

IDEA OF THE MONTH:

Power animals are allies from the animal kingdom that assist

Sacred Journeys Newsletter - JUNE 2017!!!!

Our intention is to share with you each month upcoming community events, resources and inspirations, to lift your Spirit and feed your Soul! We believe that Love is the fabric of reality. We share this to awaken, expand, and strengthen this Divine Consciousness in you, in all of humanity, and our planet. Love- Jonathan & Shari

Greetings From Shari:

I first want to honor all fathers this month, my own biological father, my husband, and all those people who "father" on this planet! Thank you for your strength and Love, and your embodiment and manifestation of the Sacred Masculine.

I held a ceremony a few weekends ago to introduce my newest painting entitled "**Sacred Masculine Heart-Open and Strong**". The energetics of this painting were shared, which meant that **Freedom, Liberty, and Victory** were downloaded to the participants and sent out to the planet and humanity. Everyone went on an inner journey to reconnect to their own Sacred Hearts, and in particular to visit their chamber of the Sacred Masculine. Here at an ancient round table they met the Sacred Kings and Sacred Brotherhood of Light. With the support of these Luminous Beings they re-membered, re-ignited, and re-committed to the Divine Father.

During the creation of this painting I journeyed into my own Sacred Masculine Heart and saw remnants of the "scared masculine" (notice how 'sacred' and 'scared'

us in life. Consider them friends, teachers and guides. This month allow them to guide you into alignment with the Sacred Masculine. Become still (however you do this, perhaps sit in meditation or do some deep breathing to relax). Bring your attention to your heart center and ask to be introduced to the power animal who can best assist you in this exploration. Trust your perceptions, you may get a sense of the animal, you may simply "know", you may hear its name or see it in your mind's eye. Breathe in and relax, play with this. If more than one animal shows up, picture each one in your heart one at a time, and ask if it is the one best suited to help you with this.

Coming into balance with the Sacred Masculine often means clearing the "scared masculine". So ask your power animal to clear, cleanse and purify your system of any old wounds and programs, false beliefs and patterns you still carry from the scared distorted masculine. Have your power ally teach you what the Sacred Masculine really is, how you carry the Sacred Masculine in you already (it just needs to be remembered and activated). Know that we all carry the Sacred Masculine and Sacred Feminine within us, no matter what body we find ourselves in. Again, trust the info you receive from your power animal whether your downloads come in words, images, dreams, or kinesthetically. There is so much to learn here and to let go of, and your power animal has the strength and wisdom to guide you

are formed with the same letters). I wrestled with how fear still sometimes distorts the expression of my own inner masculine principles. How my yang energy can be out of balance when I overpower, overdo, and dominate. I also looked at ways I still mistrust the masculine in others because of my experience and encounters with the distorted masculine.

In the unfolding of this new painting the Sacred Feminine played a very supportive role in the background. She showed up symbolically in the form of Luna (the moon) and Oceana (Feminine waters of Earth). It is *through* the Divine Mother, the Great Creatrix, that all forms birth in this realm. Energetically She has already birthed the Sacred Feminine on this planet, and She is now birthing the Sacred Masculine. Depending on where we are in our evolutionary process, She may be whispering and gently nudging, and She may be firmly wild and passionately, inviting us to reclaim the Sacred Masculine. **This reclamation of the Sacred Masculine is essential to our embodying our One Unified Sacred Heart.**

I see the time we are in now as the "Age of Heart". It is a time of great healing and mending, integrating and unifying. I invite you to see with the "eyes of your heart", to look beyond outward appearances of turbulence and division, to witness these great transformations that are stirring within all of us. Our task now is to clear ourselves and this planet of the distorted scared masculine. In the center of my painting is a butterfly wing (transformation) encased in a glass circle and a piece of Kyanite. Kyanite is a stone that bridges mind-body-spirit, it enhances telepathy, strengthens and unifies the heart. When we reclaim the courageous (full of heart) Sacred Masculine within, and marry it to the Sacred Feminine within, we claim our Oneness. May our hearts be Open and Strong, Victorious,

through this process. These beings help us in profound ways so it is always good practice (just like with human friends and teachers) to offer our thanks with tobacco, food, or words of gratitude.

INSPIRATION:

THE SEVEN STREAMS

by David Whyte

Come down drenched, at the end of May,
with the cold rain so far into your bones
that nothing will warm you except your own walking
and let the sun come out at the day's end
by Slievenaglasha with the rainbows doubling
over Mulloch Mor and see your clothes
steaming in the bright air. Be a provenance
of something gathered, a summation of
previous intuitions, let your vulnerabilities
walking on the cracked sliding limestone
be this time, not a weakness, but a faculty
for understanding what's about to happen. Stand above the Seven Streams
letting the deep down current surface
around you, then branch and branch
as they do, back into the mountain
and as if you were able for that flow,
say the few necessary words and walk on, broader and cleansed
for having imagined.

RECOMMENDATIONS:

Liberated and Free!!!

*Love-
Shari*



"Sacred Masculine Heart-Open & Strong"

by Shari Landau

To purchase this print: https://www.etsy.com/listing/518771158/sacred-masculine-heart-open-and-strong?ref=ss_listing

SHARI'S SACRED ART ON FACEBOOK:

<https://www.facebook.com/SacredArtbyShari/>

PURCHASE SHARI'S SACRED ART:

https://www.etsy.com/shop/SacredArtbyShari?ref=hdr_shop_menu

Reflections from Jonathan:

I AM dedicated to developing the Sacred Masculine within myself. Ideally what that means is to stay in my loving heart connected to Source at all times. This means that I embody Love with clarity and strength and stay aware of my shadow which distorts that embodiment and Truth.

Sometimes I do that better than other times. As

1. **Book:** *The Dress Shop of Dreams* by Menna van Praag

(a fun and magical read)

2. **Book:** *King Warrior Magician Lover*

by Robert Moore

(about the sacred masculine)

Shari and I were driving this Memory-all weekend it again became clear to me that when I am connected to my I AM Presence I am able to better embody the Sacred Masculine. In turn, I find that when I re-member the Sacred through meditation, affirmation and loving action, I walk in the world as the Sacred Masculine.

When I catch myself slipping into negativity and fear I say and feel an affirmation that reconnects me to Source. The following I AM affirmation has been the most powerful that I have yet to use: **IAM the resurrection and the life of my Original Divine Blueprint of Perfection.** It complements what Marianne Williamson espouses:

"We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

I honor the Sacred in myself and in you.

Blessings and love to you all,
Jonathan

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